

## CURRICULUM VITAE

### Adrian Thomas GROUNDS

**Date of birth:** 21 February 1952

**Present post:** Honorary Research Fellow  
Institute of Criminology, University of Cambridge  
  
Fellow of Darwin College, Cambridge

**Contact details:**

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**Qualifications:** B Med Sci (1974); BM BS (1977); DM (1986); FRCPsych (1996)

**GMC registration no:** 2383598 (Specialist Register – Forensic Psychiatry)  
*- Licence to practice given up in December 2016, six years post retirement from NHS*

**Previous posts:**

1977 House Officer in General Medicine, City Hospital, Nottingham  
1978 House Officer in Neurosurgery, Manchester Royal Infirmary  
1978 Post-registration House Officer in Medicine and Neurology, Frenchay Hospital, Bristol  
1979 SHO and Registrar in Psychiatry, Maudsley Hospital, London  
1982 Senior Registrar in Forensic Psychiatry, Broadmoor Hospital & Bethlem Royal Hospital  
1984 Clinical Lecturer & Senior Registrar in Forensic Psychiatry, Institute of Psychiatry, University of London & Broadmoor Hospital  
1987 – 2010 University Lecturer, Institute of Criminology & Department of Psychiatry, University of Cambridge (University Senior Lecturer from 2002); Honorary Consultant Forensic Psychiatrist, Cambridgeshire & Peterborough NHS Trust.

**Other appointments:**

1987-02 Editorial Advisory Group, The Howard Journal of Criminal Justice  
1988-92 Executive Committee, Forensic Psychiatry Specialist Section, Royal College of Psychiatrists.  
1991 Department of Health/Home Office Review of Services for Mentally Disordered Offenders and others requiring similar services: Prison and Research Advisory Groups  
1995 Member, Independent Panel of Inquiry into the Case of Jason Mitchell (Homicide Inquiry commissioned by Suffolk Health Authority. Chair: Louis Blom Cooper, QC)  
1998 - Sentence Review Commissioner, Northern Ireland  
2000 Hospital Advisory Service 2000 Review Team, Personality Disorder Service, Ashworth Hospital  
2000 - Editorial Board, Journal of Forensic Psychiatry  
2001 -17 Trustee, Prison Reform Trust  
2001-08 Life Sentence Review Commissioner, Northern Ireland  
2002-06 Executive Committee & Academic Secretary, Forensic Psychiatry Faculty,

	Royal College of Psychiatrists
2004-10	Strategic Management Board, Cambridgeshire MAPPA (Multi-Agency Public Protection Arrangements)
2004 -	Member, Advisory Group, Miscarriages of Justice Support Service, Royal Courts of Justice Advice Bureau, London
2006-15	Member, International Relations Committee, American Academy of Psychiatry & the Law
2006-9	Psychiatric Advisor: Independent Inquiry into the Care and Treatment of RL and PB in Broadmoor Hospital (Chair, Robert Francis QC) (Homicide Inquiry Report commissioned by NHS London, published September 2009)
2008 -	Parole Commissioner, Northern Ireland
2013 -	Medical Member, First Tier Tribunal (Mental Health)

**NHS Clinical Service (1987-2010):**

Responsible for providing a community forensic psychiatry service in the Huntingdon / Mid-Cambridgeshire locality

Consultant psychiatrist with the mental health in-reach team at Littlehey Prison, Cambridgeshire

Clinical leadership and advice in developing forensic and prison mental health services in Cambridgeshire

2001-02 Clinical Lead, Secure Services, NHS Eastern Region Specialised Services Commissioning Group

**Medico-legal work:**

Extensive experience in providing expert evidence in criminal and civil cases.

Reports for Parole Board and Mental Health Review Tribunal hearings.

Over 60 assessments following wrongful conviction, mostly reports submitted to the Independent Assessor, Ministry of Justice, for compensation for miscarriage of justice.

Provided expert evidence to the Sophonow Inquiry, (Manitoba, Canada, 2001) and compensation trial re Ivan Henry (British Columbia Supreme Court, Canada, 2016) .

**Teaching and Examinaing:**

Extensive experience of undergraduate and post-graduate teaching; contributions to professional training (including Judicial Studies Board seminars); conference presentations and public lectures; external PhD and MD examining; external independent reviews of post-graduate courses at other universities.

**Publications:**

Grounds, A.T. (1978) Personal View. *British Medical Journal* **2** 1428.

Grounds, A.T. (1981) Lectures on Heaven: An Excursion into the Playground of the Theologians. *British Medical Journal* **283** 1664-1665.

Grounds, A.T. (1982) Transient Psychoses in Anorexia Nervosa: A Report of Seven Cases. *Psychological Medicine* **12** 107-113.

Grounds, A.T. (1985) The Psychiatrist in Court. *British Journal of Hospital Medicine* **33** 55-58.

Mawson, D.C., Grounds, A.T. and Tantam D. (1985) Violence and Asberger's Syndrome: A Case Study. *The British Journal of Psychiatry* **147** 566-569.

- Grounds, A.T. (1985) Punishment and Responsibility. *Religion and Medicine* **1** 63-76.
- Grounds, A.T. (1986) Psychiatry and Patients' Rights. *British Journal of Hospital Medicine* **36** 147-148.
- Grounds, A.T., Quayle, M.T., France, J., Brett, T., Cox, M. and Hamilton, J.R. (1978) A Unit for 'Psychopathic Disorder' Patients in Broadmoor Hospital. *Medicine, Science and the Law* **27** 21-31.
- Grounds, A.T. (1987) Detention of 'Psychopathic Disorder' Patients in Special Hospitals: critical issues. *The British Journal of Psychiatry* **151** 474-478.
- Grounds, A.T. (1987) On Describing Mental States. *The British Journal of Medical Psychology* **60** 305-311.
- Grounds, A.T. (1988) The Use of the Remand Provisions in the 1983 Mental Health Act. *The Bulletin of The Royal College of Psychiatrists* **12** 125-126.
- Grounds, A.T. (1988) Applied Criminology. *Current Opinion in Psychiatry* **1** 691-693.
- Grounds, A.T. (1989) Mental Health Review Tribunals: a new appraisal. *Psychiatric Bulletin of the Royal College of Psychiatrists* **13** 299-300.
- Grounds, A.T. (1990) The Psychiatric Court Report: mitigation and treatment. In: R. Bluglass and . Bowden (eds) *Principles and Practice of Forensic Psychiatry*. Edinburgh: Churchill Livingstone (pp 223-233).
- Grounds, A.T. (1990) Seclusion. In: R. Bluglass and P. Bowden (eds) *Principles and Practice of Forensic Psychiatry*. Edinburgh: Churchill Livingstone (pp 649-652).
- Grounds, A.T. (1990) Transfers of Sentenced Prisoners to Hospital. *Criminal Law Review* **[1990]** 544-551.
- Grounds A.T. (1991) The Transfer of Sentenced Prisoners to Hospital 1960-1983: a study in one special hospital *The British Journal of Criminology* **31** 54-71
- Grounds, A.T. (1991) The Mentally Abnormal Offender in the Criminal Process: some research and policy questions. In: K. Herbst and J. Gunn (eds) *The Mentally Disordered Offender*. London: Butterworth Heinemann. (pp 37-45).
- Cox, M. and Grounds, A.T. (1991) The Nearness of the Offence: some theological reflections on forensic psychotherapy. *Theology* **94** 106-115.
- Grounds, A.T. (1991) The Mentally Disordered in Prison *Prison Service Journal* No 80 20-40.
- Grounds, A. T. (1992) Mental Health Problems. In: E. Stockdale and S. Casale (eds) *Criminal Justice under Stress*. London: Blackstone Press (pp 197-206).
- Grounds, A.T. (1993) (ed) Psychiatric Reports for Legal Purposes in the United Kingdom. In: J. Gunn and P.J. Taylor (eds) *Forensic Psychiatry: clinical, legal and ethical issues*. Oxford: Butterworth Heinemann pp 826-856.
- Watson, W. and Grounds, A.T. (1993) (eds) *The Mentally Disordered Offender in an Era of Community Care*. Cambridge: Cambridge University Press.
- Dell, S. Robertson, G. James, K. and Grounds, A. (1993) Remands and Psychiatric Assessments in Holloway Prison. I: The psychotic population. *The British Journal of Psychiatry* **163** 634-640.
- Dell, S. Robertson, G. James, K. and Grounds, A. (1993) Remands and Psychiatric Assessments in Holloway Prison. II: The non-psychotic population. *The British Journal of Psychiatry* **163** 640-644.
- Robertson, G. Dell, S. James, K. and Grounds, A. (1994) Psychotic Men Remanded in Custody to Brixton Prison. *The British Journal of Psychiatry* **164** 55-61.
- Robertson, G. Grounds, A. Dell, S. and James, K. (1994) A Follow-up of Remanded Mentally Ill Offenders Given Court Hospital Orders. *Medicine, Science and the Law* **34** 61-66.
- Grounds, A.T. (1994) Mentally Disordered Prisoners. In: E. Player and M. Jenkins (eds) *Prisons after Woolf: reform through riot*. London: Routledge pp 178-189.
- Grounds A.T. (1995) Risk Assessment and Management in Clinical Context. In: J Crighton (ed) *Psychiatric Patient Violence: risk and response*. London: Duckworth pp 43-59.
- Grounds, A.T. (1995) The Criminal Justice System. In: D. Chiswick and R. Cope (eds) *Seminars in Practical Forensic Psychiatry*. London: Gaskell pp 87-105.
- Dowson J H and Grounds A T (1995) *Personality Disorder: Recognition and Management*. Cambridge: Cambridge University Press.

- Grounds A.T. (1996) Expectations and Ethics. In: C Cordess and Cox M (eds) *Forensic Psychotherapy: Crime, Psychodynamics and the Offender Patient* (Vol II). London: Jessica Kingsley pp 7-15.
- Blom Cooper L., Grounds A.T., Guinan P., Parker A., and Taylor M. (1996) *The Case of Jason Mitchell: Report of the Independent Panel of Inquiry*. London: Duckworth.
- Grounds A.T. (1996) Forensic Psychiatry for the Millennium. *The Journal of Forensic Psychiatry* **7** 221-227.
- Dowson J.H., Sussams P. and Grounds A.T. (1997) Characteristics of Personality Disordered In-patients without Psychosis. *Psychiatric Bulletin of the Royal College of Psychiatrists* **21** 553-555.
- Fryers T., Brugha T., Grounds A.T. and Melzer M. (1998) Severe Mental Illness in Prisoners. (Editorial) *British Medical Journal* **317** 1025-1026.
- Grounds A.T. (2000) Treatment Approaches with Mentally Disordered Offenders. In: J. McGuire, T. Mason and A. O'Kane (Eds) *Behaviour, Crime and Legal Processes*. Chichester: John Wiley & Sons. pp 281-288.
- Grounds A.T. (2000) The Future of Prison Health Care. *The Journal of Forensic Psychiatry* **11** 260-267.
- Grounds A.T. (2000) The Psychiatrist in Court. In: M. Gelder, J.J. Lopez-Ibor and N.C. Andreasen (Eds) *New Oxford Textbook of Psychiatry*. Oxford: Oxford University Press. (pp 2089-2095).
- Grounds A.T. (2001) Reforming the Mental Health Act (Editorial) *British Journal of Psychiatry* **179** 387-389.
- Melzer D., Tom B.M., Brugha T., Fryers T., Grounds A., Johnson T., Meltzer H. and Singleton N. (2002) Prisoners with Psychosis in England and Wales: a one year national follow-up study. *The Howard Journal* **41** 1-13.
- Jamieson R. & Grounds A .T. (2002) *No Sense of an Ending: the effects of long-term imprisonment amongst Republican prisoners and their families*. Monaghan, Ireland: Seesyu Press.
- Grounds A.T, Howes, M. and Gelsthorpe, L. (2003) Discretion in Access to Forensic Psychiatric Units. In L. Gelsthorpe and N. Padfield (Eds) *Exercising Discretion: Decision-making in the criminal justice system and beyond*. Cullompton, Devon: Willan Publishing. (pp 125-138).
- Holloway, K. and Grounds A.T. (2003) Discretion and the Release of Mentally Disordered Offenders. In L. Gelsthorpe and N. Padfield (Eds) *Exercising Discretion: Decision-making in the criminal justice system and beyond*. Cullompton, Devon: Willan Publishing. (pp 139-163).
- Grounds A.T. & Jamieson R. (2003) No Sense of an Ending: Researching the experience of imprisonment and release among Republican ex-prisoners. *Theoretical Criminology* **7** 347-362.
- Grounds A.T. (2003) Prisons and Prisoners. *Criminal Behaviour and Mental Health* **12** S24-S34.
- Grounds A.T. (2004) Psychological Consequences of Wrongful Conviction and Imprisonment. *Canadian Journal of Criminology and Criminal Justice* **46** 165-182.
- Grounds A.T., Melzer D., Fryers T. and Brugha T. (2004) What Determines Access to Medium Secure Provision? *Journal of Forensic Psychiatry & Psychology* **15** 1-6.
- Melzer D., Tom, B.D.M., Brugha, T., Fryers T., Gatward, R., Grounds A.T., Johnson, T. and Meltzer, H. (2004) Access to Medium Secure Psychiatric Care in England and Wales. 1. A national survey of admission assessments. *Journal of Forensic Psychiatry & Psychology* **15** 7-31.
- Grounds A.T., Gelsthorpe, L., Howes, M., Melzer, D., Tom, B.D.M., Brugha, T., Fryers T., Gatward, R., and Meltzer, H. (2004) Access to Medium Secure Psychiatric Care in England and Wales. 2. A qualitative study of admission decision-making. *Journal of Forensic Psychiatry & Psychology* **15** 32-49.
- Melzer, D., Tom, B.D.M., Brugha, T., Fryers T., Gatward, R., Grounds A.T., Johnson, T. and Meltzer, H. (2004) Access to Medium Secure Psychiatric Care in England and Wales. 3. The clinical needs of assessed patients. *Journal of Forensic Psychiatry & Psychology* **15** 50-65.
- Grounds A.T. (2004) Forensic psychiatry and political controversy. *Journal of the American Academy of Psychiatry and the Law* **32** 192-196
- Grounds, A.T. (2005) Understanding the effects of wrongful imprisonment. In M. Tonry (Ed.) *Crime and Justice: A Review of Research*, Volume 32. Chicago: University of Chicago Press, pp. 1-58.
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- Grounds A.T. and Gordon H. (2007) In conversation with John Gunn. *Psychiatric Bulletin* **31** 25-28
- Mikton C. & Grounds A.T. (2007) Cross-cultural clinical judgment bias in personality disorder diagnosis by forensic psychiatrists in the UK: a case-vignette study. *Journal of Personality Disorders* **21** 400-417.
- Grounds A.T. (2007) Elderly and mentally disordered prisoners (Council of Europe: CDAP (2007 05)) [http://www.coe.int/t/e/legal\\_affairs/legal\\_co-operation/prisons\\_and\\_alternatives/conferences/cdap%20\(2007\)%2005%20rev%20-%20e%20\(Adrian%20Grounds\).pdf](http://www.coe.int/t/e/legal_affairs/legal_co-operation/prisons_and_alternatives/conferences/cdap%20(2007)%2005%20rev%20-%20e%20(Adrian%20Grounds).pdf)
- Grounds A.T. (2008) The end of faith in forensic psychiatry. *Criminal Behaviour and Mental Health* **18** 1-13.
- Grounds A.T., Gunn J., Myers J.C., Rosner R. and Busch K.G. (2010) Contemplating common ground in the professional ethics of forensic psychiatry. *Criminal Behaviour and Mental Health* **20** 307-322.
- Jamieson R., Shirlow P. and Grounds A.T. (2010) *Ageing and social exclusion among former politically motivated prisoners in Northern Ireland*. Belfast: Changing Aging Partnership (CAP), Queen's University.
- Buchanan A and Grounds AT. (2011). Forensic psychiatry and public protection. (Editorial) *The British Journal of Psychiatry* **198** 420-423.
- Grounds A.T. (2017) Psychiatric aspects of miscarriages of justice. In: Puri B and Treasaden I (eds) *Forensic Psychiatry: Fundamentals and Clinical Practice*. : Boca Raton FL: CRC Press, pp 523-528.
- Grounds A.T. (2019) Discrimination against offenders with mental disorder. (Editorial). *Criminal Behaviour and Mental Health* **29** 247-255.
- Gunn J., Taylor P.J., Forrester A., Parrott J. and Grounds A.T. (2020) Telemedicine in prisons: A *Crime in Mind* perspective. (Editorial). *Criminal Behaviour and Mental Health* **30** 65-67.
- Grounds A.T., Farrington, D.P. and Bottoms, A.E. (2020) Professor Donald West, MD, LittD, FRCPsych; June 9, 1924 – January 31, 2020 (Obituary). *Criminal Behaviour and Mental Health* **30** 151-152.
- Grounds A.T. and Padfield N. (2020) Safeguarding the quality of forensic assessment in sentencing: An English perspective. In: M. van der Wolf (ed). *Safeguarding the quality of forensic assessment in sentencing. International Perspectives in Forensic Mental Health*. Abingdon: Routledge Taylor & Francis . (in press).