



## *Crime Prevention: A Nutritional Approach*

Professor Adrian Raine

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Institute of Criminology Public Seminar Series

Thursday 24<sup>th</sup> May 2012, **5.00pm** *(new time!)*

Seminar Room B3, Institute of Criminology,  
Sidgwick Avenue, Cambridge, CB3 9DA

*A drinks reception in the basement foyer will follow this seminar for attendees*

There is increasing evidence for a biological basis to offending. This raises the question of what biological approach can most appropriately be taken to prevent antisocial behaviour in children and adults. This presentation first outlines poor nutrition as a risk factor for antisocial and aggressive behaviour in children. It then outlines initial evidence suggesting that omega-3 supplementation may be helpful in reducing behaviour problems in children and offending in adults.

Adrian Raine is the Richard Perry University Professor of Criminology, Psychiatry, and Psychology at the University of Pennsylvania. He has spent the past 35 years researching the biological basis of antisocial behaviour, and is currently conducting randomized controlled trials on the effectiveness of omega-3 in reducing behaviour problems in children.

This seminar is free, and is open to all interested in attending, with no ticket required.

If you wish to be added to the seminar mailing list, please contact: Joanne Garner, on: [jf225@cam.ac.uk](mailto:jf225@cam.ac.uk)

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